

Validity :  
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LANZHOU, YONGJING, XIAHE, RUOERGAI,  
DIEBU, HEZUO, YELIGUAN



INK DANXIA  
SCENIC AREA

ZAGA NA  
SCENIC AREA

GAHA LAKE

CANTONESE  
CUISINE

LIUYUAN XINING  
TRAIN

纯玩

全程无购物  
No Shopping

HIGHLIGHTS:

- ❖ LANZHOU INK DANXIA SCENIC AREA (INCLUDES SHUTTLE BUS)
- ❖ BINGLING TEMPLE GROTTOS
- ❖ SANGKE GRASSLAND
- ❖ YELLOW RIVER JIUQU DIYIWAN (INCLUDES ESCALATOR)
- ❖ ZAGA'NA SCENIC AREA (INCLUDES ELECTRIC CART)
- ❖ HEAVENLY LAKE & RED CLIFFS VALLEY



**DAY 1** Penang - Trancit City - Lanzhou (MOD)

> Assemble at Penang International Airport for flight to Lanzhou.

\*\*Overnight at Zhongbang Sheraton Hotel or similar 5 stars

**DAY 2** Lanzhou - Yongjing (B/L/D)

> **Ink Danxia Scenic Area (includes shuttle bus)** – A typical Danxia landform landscape, the mountains display multiple layers of red, yellow, and orange hues. From a distance, the colors blend like a brushstroke in an ink-wash painting, hence the name “Ink-wash Danxia.” The scenic area is quite large, so visitors must take a shuttle bus to travel between the various viewing points. It is a popular spot for photography and appreciating natural wonders.

> **Bingling Temple Grottoes** – Carved into the cliffs and built against the mountainside, the Bingling Temple Grottoes date back over a thousand years. The grottoes preserve vast collection of Buddhist statues and murals of immense artistic and religious value. Additionally, visitors can admire the magnificent scenery of the surrounding Yellow River Gorge.

\*\*Overnight at Gonghanglv Huanghe Pearl International Hotel or similar 5 stars

**DAY 3** Yongjing - Xiahe (B/L/D)

> **Labuleng Monastery** – Along with the Potala Palace and Drepung Monastery, it is one of the most influential monasteries in Tibet, China, and is known as the “Academic Center of Tibet.”

> **Sangke Grassland (Special arrangement to visit a Tibetan pastoral area to view prayer flags, mani stones, and yaks, and experience the game of archery)** - With its open terrain and crisscrossing rivers, it is hailed as one of the “most beautiful grasslands in Gannan” and serves as a key sightseeing stop for tourists en route to Labrang Monastery.

\*\*Overnight at Tianzhu International Hotel or similar 5 stars

**DAY 4** Xiahe - Ruoergai (B/L/D)

> **Gaha Lake** – Located at an altitude of 3,400 meters, this high-altitude wetland lake is the largest freshwater lake in the Gannan region and serves as a vital water conservation area and ecological barrier for the upper reaches of the Yellow River.

> **Langmusi** – A small town situated on the border of Gansu and Sichuan, it blends Tibetan Buddhist culture with natural scenery, creating an atmosphere of mystery.

\*\*Overnight at Zoergai Zunyue Ruitian Hotel or similar 5 stars

**DAY 5** Ruogai - Diebu (B/L/D)

> **Huahu Lake (including electric cart ride)** – A highland wetland landscape with wildflowers blooming along the lakeshore, offering a fresh and natural setting

> **Yellow River Jiuqu Diyiwan (including the ascending escalator)** – Admire the magnificent scenery of the Yellow River’s grand bend; the view is even more breathtaking from the heights

\*\*Overnight at Diebu Impression Zhagana Intercontinental Hotel or similar 4 stars

**DAY 6** Diebu - Hezuo (B/L/D)

> **Zaga Na Scenic Area (including electric cart ride)** – A Tibetan village nestled among the mountains, offering breathtaking scenery reminiscent of a utopian paradise

\*\*Overnight at Nuosang Zhouji Hotel or similar 4 stars

**DAY 7** Hezuo - Yeli Guan (B/L/D)

> **Yeli Guan Scenic Area** – Renowned for its mountain, water, and canyon landscapes as well as its forests, this area features a tranquil environment and pleasant climate, earning it the nickname “Little Jiangnan of Longxi.”

> **Visit Tianchi Lake & Chibi Gorge** – A high-altitude lake landscape known for its crystal-clear waters, Danxia red cliffs, and deep, secluded gorges

\*\*Overnight at Amazhoucuo Hotel or similar 4 stars

**DAY 8** Yeli Guan - Lanzhou (B/L/D)

> Visit the **Mother of the Yellow River** sculpture to experience this symbol of Yellow River culture; tour the **Waterwheel Garden** to learn about traditional waterwheel irrigation techniques; stroll across **Zhongshan Bridge** to enjoy the scenery along both banks of the Yellow River.

\*\*Overnight at Zhongbang Sheraton Hotel or similar 5 stars

**DAY 9** Lanzhou - Penang (B/MOB)

> After breakfast, transfer to airport for departure

\*\*Home sweet home



Tour Fare / Departure Date / Flight

\*\*Exclude Tour Leader Tipping

\*\*May Recommend Local Product on the Bus

Remark: The above itinerary is for reference only. In principle the company will try to keep to the itinerary. However, the final itinerary will be determined by the overseas agent which is subject to change when necessary. Any change or cancellation due to unforeseen circumstances which is beyond the company's control, the company will not be responsible for any extra expenses incurred by you. Deportation or refused entry by the immigration, tour member has to be responsible for any expenses incurred. Local handling agent have reserve the right to make amendment of the itinerary depending with the actual situation, but scenic spot will not be cancellate as listing. Travelers are advised to purchase travel insurance for travelling period.

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送部.合作.冶力关

水墨丹霞

扎尕那风景区

尕斯库勒湖



纯玩

行程特点:

全程无购物  
No Shopping

- ❖ 水墨丹霞 (含区间车)
- ❖ 炳灵寺石窟
- ❖ 桑科草原
- ❖ 黄河九曲第一湾 (含上行扶梯)
- ❖ 扎尕那风景区 (含电瓶车)
- ❖ 天池+赤壁幽谷

黄河九曲第一湾

桑科草原

冶力关天池

5星众邦喜来登  
酒店或同级

**DAY 1 槟城 - 中转城市 - 兰州 (机上用餐)**

➢ 集合于槟城国际机场乘搭客机飞往兰州。

**\*\*夜宿于众邦喜来登酒店或同级 5 星**

**DAY 2 兰州 - 永靖 (早午晚餐)**

➢ 水墨丹霞 (含区间车) - 典型的丹霞地貌景观, 山体呈现红、黄、橙等多层色彩, 远看像水墨画般晕染, 因此得名“水墨丹霞”。景区范围较大, 需搭乘区间车往返各个观景点, 是摄影和欣赏自然奇观的热门地点。

➢ 炳灵寺石窟 - 炳灵寺石窟依山而建, 开凿于悬崖峭壁之上, 历史可追溯至一千多年前。窟内保存了大量佛像和壁画, 具有极高的艺术和宗教价值

**\*\*夜宿于黄河明珠或同级 4 星**

**DAY 3 永靖 - 夏河 (早午晚餐)**

➢ 拉卜楞寺 - 它是除布达拉宫和哲蚌寺外, 中国藏区最具影响力的寺院之一, 被誉为“藏学府”。

➢ 桑科草原 (特别安排走进藏族牧区, 观看经幡、玛尼堆、牦牛, 体验投壶) - 地势开阔、河流纵横, 被誉为“甘南最美草原”之一, 是游客前往拉卜楞寺途中重要的观光点。

**\*\*夜宿于天珠大酒店或同级 4 星**

**DAY 4 夏河 - 若尔盖 (早午晚餐)**

➢ 尕斯库勒湖 - 海拔 3400 米, 高原湿地湖泊, 也是甘南地区最大的淡水湖, 是黄河上游重要的水源涵养地和生态屏障。

➢ 郎木寺 - 位于甘肃与四川交界的小镇, 融合藏传佛教文化与自然风光, 充满神秘氛围。

**\*\*夜宿于尊悦瑞田或同级 4 星**

**DAY 5 若尔盖 - 迭部 (早午晚餐)**

➢ 花湖 (含电瓶车) - 高原湿地景观, 湖畔开满野花, 景色清新自然

➢ 黄河九曲第一湾 (含上行扶梯) - 欣赏黄河壮丽大转弯景色, 登高远眺景观更为震撼。

**\*\*夜宿于印象扎尕那洲际或同级 5 星**

**DAY 6 迭部 - 合作 (早午晚餐)**

➢ 扎尕那风景区 (含电瓶车) - 隐藏于群山之中的藏族村落, 景色壮丽如世外桃源。

**\*\*夜宿于诺桑洲际酒店或同级 5 星**

**DAY 7 合作 - 冶力关 (早午晚餐)**

➢ 冶力关风景区 - 以山水峡谷与森林景观闻名, 环境清幽, 气候宜人, 有“陇上小江南”之称。

➢ 游览天池+赤壁幽谷 - 高山湖泊景观, 湖水清澈以丹霞赤壁与幽深峡谷著称

**\*\*夜宿于阿玛周措大酒店或同级 5 星**

**DAY 8 冶力关 - 兰州 (早午晚餐)**

➢ 游览黄河母亲雕塑, 感受黄河文化象征; 参观水车园, 了解传统水车灌溉技艺; 漫步中山桥, 欣赏黄河两岸风光。

**\*\*夜宿于众邦喜来登酒店或同级 5 星**

**DAY 9 兰州 - 槟城 (早/机上用餐)**

➢ 早餐后, 前往机场乘搭飞机返回。

**\*\*美丽的家**



价钱 / 出发日期 / 航空公司

- \*\*不包含领队小费
- \*\*车上会有车购

备注: 上述行程仅供参考, 原则上本公司尽量保持行程不变, 然而正确行程依据当地接待社按当时的实际情况重新调整后为准。如在非人为或突发情况之下所引  
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情况调换行程次序, 但景点不变。每位旅客受促购买旅游保险。